

# MAHE RAJAB - THE BEGINNING OF SPIRITUAL SEASON

**The Month of Mercy, Blessings and Forgiveness from Allah (s.w.t)**

The Month of Rajab marks the beginning of the spiritual season for every believer

Ending with the end of the Fasting Month of Mahe Mubarak Ramadan with the festivities of Eid Al Fitr

**These three months (Rajab, Shaban, and Mahe Ramadhan) are the most distinguished months of the year for their merit and sanctity. These months are set aside for the worship and remembrance of Allah. The months of Rajab and Shabaan are a preparation for the coming of Ramadhan the holiest month of the Islamic Year. Together these months form a season of Worship. A season of spiritual rebirth and growth.**

**The Holy Prophet (SAW) has said:**

*“Rajab is a great month of Allah, unmatched by any other month in respect and significance (accorded to it).*

*Verily, Rajab is Allah’s month, Sha’aban is my month and Ramadan Mubarak is the month of my Ummah.*

**Imam Musa Al Kazim (as) said:**

*Rajab is a great month, during which Allah (swt) multiplies the rewards of good deeds and omits the sins*

To develop spirituality and attain nearness to Allah swt

Some of the recommended Ibadats for the Month of Rajab Mubarak

## **Fasting**

It is highly recommended to fast in this month of Rajab even for one day at least. A hadith says:

*Whosoever fasts a day in Rajab, the fire of hell will be away from him a distance of one year’s journey, and whosoever fasts 3 days in Rajab, will be entitled for Paradise.*

Whosoever fasts on the last day of this month, the Lord of the world will rescue him from the pangs of death and save him from the fright after death and chastisement. If he keeps fast of the last two days of this month, he will easily pass through the way that bridges Hell. And if he keeps fast on the last three days of this month, he will be redeemed from the fire of Hell. The Prophet also said “And who ever observes one recommended fast for the sake of reward forgiveness for him becomes compulsory.”

## **Seeking Forgiveness (Estighfaar)**

The Prophet (saw) used to say:

*Rajab is a month of seeking forgiveness, so seek forgiveness from Allah (swt); He is verily the Forgiver, the Merciful. It is highly recommended to repeat ‘Astaghfirullaaha Wa'atubu Ilayhi’.*

## **Sadaqa and Charity**

There is a big reward for sadaqa and charity in the month of Rajab.

## A'amal of First Thursday of Rajab - Laylatur Raghaib

The first Thursday of Mahe Rajab (this year it falls on 9<sup>th</sup> June 2011) is one of the most important Day and that evening is known as "Lailatul Raghaib" Anyone who performs this amal on the eve between Maghrib and Isha prayer, earns lots of benefits and forgiveness in this world and also receives help after death from Allah and it is the most reliable asset for one on the day of Judgement. On the day he is lowered in the grave, he will be visited by a nice looking companion who will address the mayyat that "I have come to give you the good news, I will assist you in all your difficulties." The mayyit will ask who are you whose face is pretty then any face that I have ever seen! whose voice is sweeter than any voice that I have ever heard and whose smell is better than any I have ever smelled,.. I am the sawab of the namaz of Lailatul Raghaib that you prayed me on such and such day place and year. I have come to assist you and give you company in this lonely hour and fearful time of yours!

Namaz is as follows:

6 Namaaz of 2 rakaats each (like morning prayers)

1. Each rakaat after sura al hamd, sura qadr 3 times and sura ikhlas 12 times.

2. On completion of 6 Namaz, recite 70 times (sitting)

ALLAHUMMA SWALE ALA MUHAMMADIN NABIYYIL UMMIYI WA ALAA ALEHI

O Allah send your blessings on Muhammed the Ummi Prophet and on his descendants.

3. Then go to sajdah and recite 70 times:

SUBBOOHUN QUDDOOSUN RABBUL MALA IKATI WAR ROOHI

The Holy and Most Holy is the Lord of Angels and Spirits.

4. Sit upright and recite 70 times:

RABBIGHFIR WARHAM WATAJAAWAZ AMMA TA'LAM INNAKA ANTAL ALIYUL A'ZEEM.

O Lord Forgive, have mercy and be indulgent about that which Thou knows Well, verily Thou art Sublime, Mighty

5. Again go to sajdah and recite 70 times:

SUBBOOHUN QUDDOOSUN RABBUL MALA IKATI WAR ROOHI

Holy and most Holy is the Lord of Angels and Spirits.

Then ask for your hajaat. (iltemase dua)

Repeating Often - Repeat the following, as often and as much as possible

'Laa ilaaha illa-Allah'

'Astaghfirullaaha zul jalale wal Ikraam min jamee' al zonoobe wal aathaam'

Sura Al Tawheed 'Qul-ho-wallaho Ahad' which brings blessings on the reciter, his/her children, family and neighbours. It is recommended to recite 'Qul-ho-wallaho Ahad' 100 times every Friday in the month of Rajab

